



**Department of California  
Veterans Affairs and Rehabilitation  
November 2023 Bulletin**

**November is Military Family Month!**

First established in 1996 by the Armed Services YMCA, Military Family Month honors the sacrifices that service members and military families make every single day. During the month of November we recognize American military families around the world through ceremonies and various events to thank them for their unconditional commitment, and show support for our military and nation. Care of military families and children sustains our fighting force and strengthens the health, security, and safety of our nation's families and communities. November is the time to thank military families for the tremendous contributions they make in support of our service members, the military mission, and the nation.

Here are some ways members and Units can increase awareness and provide support to the military community:

- Give handcrafted thank you cards made by Junior members to veterans residing in veterans homes and assisted living facilities.
- Donate Thanksgiving gifts or care packages to junior-enlisted members and their families who are stationed at a military base in your area.
- Adopt a military family for the holidays by donating food baskets and/or toys to the families of junior-enlisted military service members in nearby communities.
- Offer a military neighbor volunteer childcare time so they can run errands or just have some 'me-time' to recharge.
- Thank active duty service members, veterans, military spouses, or military children for their service.
- Visit war memorials with your children to teach them the value of service.
- Fly the U. S. flag.

**Veterans Day is November 11<sup>th</sup>.** What can you do to celebrate? Host a lunch to honor veterans or service members at your Post or Unit home. Wear a red poppy to honor the heroes who have fallen. Visit a local U. S. Department of Veterans Affairs facility and spend time with a veteran. The possibilities are endless.

**Don't Forget!**

**Unit Mid-Year Reports are due to your District Chairmen by December 1<sup>st</sup>.**

Until next time, we remain United as One,

Susan Baker, VA&R Chair  
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